STANDARD 1: Students demonstrate knowledge and skills to understand and respect self/others.

GRADE	STUDENTS WILL KNOW:	STUDENTS WILL BE ABLE TO DO:
K	1. I know school rules and directions.	1. I can follow school rules and directions.
	2. I know what feelings are.	2. I can name basic feelings.
	3. I know what a friend is.	3. I can share with others.
	1. I know school rules and directions are	1. I can follow school rules and directions.
	important.	2. I can name different feelings in myself and
1	2. I know there are many feelings.	others.
	3. I know what it means to be a friend.	3. I can act out/draw different feelings.
		4. I can invite others to join in.
	1. I know school rules and directions.	1. I can follow school rules and directions.
2	2. I know there are a variety of feelings.	2. I can talk about what I am feeling.
	3. I know what it means to make and keep a	3. I can make and keep a friend.
	friend.	
	1. I know the skills needed to build good	1. I can list skills needed to build good
3	relationships.	relationships.
	2. I know the positive characteristics to help	2. I can describe positive characteristics.
	me make good choices.	
	1. I know it is important to have respect for	1. I can listen respectfully to others' opinions and
4	others' opinions and ideas.	ideas.
4	2. I know positive self-talk and	2. I can use positive self-talk.
	communication of personal thoughts and	3. I can communicate personal thoughts and
	feelings are important. 1. I know mutual respect and compromise are	feelings to others. 1. I can model respect and compromise in
	important in relationships.	relationships.
5	2. I know it is important to maintain a positive	2. I can demonstrate being a good listener.
	self-concept.	2. I can list personal characteristics that help to
	son concept.	build a positive self-concept.
	1. I know I have qualities that I am good at	1. I can identify individual strengths and areas for
	and can use to build positive peer	personal growth.
	relationships.	2. I can identify good citizenship.
6	2. I know that being a good citizen is	3. I can demonstrate skills needed to participate in
	important for my community(s).	team building.
	3. I know the skills needed for team building.	
	1. I know my strengths and personal	1. I can demonstrate understanding my strengths
	challenges.	and personal challenges and how they relate to
7	2. I know having a positive self concept helps	a positive self-concept.
	with my school, family, and peer	2. I can identify and practice ways to be a
	relationships.	contributing group member.
	3. I know it is important to be a good citizen	3. I can define good citizenship.
	and group member.	

STANDARD 1: Students demonstrate knowledge and skills to understand and respect self/others.

GRADE	STUDENTS WILL KNOW:	STUDENTS WILL BE ABLE TO DO:
8	 I know thoughts and feelings and how they relate to my self-concept. I know personal choices affect my school and community. I know it is important to develop and maintain healthy relationships. 	 I can identify thoughts and feelings and how they relate to self-concept. I can recognize personal ways to contribute as a member of the school and community. I can describe aspects of a healthy relationship.
9	 I know it is important to maintain a positive self-concept. I know it is okay to be different from others. I know it is important to develop and maintain healthy relationships. 	 I can explain how I am similar and different to my peers. I can accept individual differences. I can describe aspects of a healthy relationship.
10	 I know the skills necessary to exhibit and maintain a positive self-concept. I know differences should be accepted and respected by everyone. I know individuals can change at any time. 	 I can implement skills necessary to exhibit and maintain a positive self-concept. I can describe discrimination and prejudice in the school and community. I can accept that I am different from others.
11	 I know the skills necessary to exhibit and maintain a positive self-concept. I know differences in individuals and groups make a healthy community. I know differences can create new ideas. 	 I can practice and modify the skills necessary to exhibit and maintain a positive self-concept. I can exhibit respect for differences. I can show respect for new ideas.
12	 I know the skills necessary to exhibit and maintain a life-long positive self-concept. I know difference exist in a global community I know that each individual has a greater responsibility to the whole. 	 I can utilize the skills necessary to exhibit and maintain a life-long positive self-concept. I can exhibit respect for all groups and individuals and recognize those differences make us a healthy global community.

Adapted from the ASCA National Model

STANDARD 2: Students identify and utilize processes to set and achieve goals, make responsible decisions, solve problems, and be safe.

GRADE	STUDENTS WILL KNOW:	STUDENTS WILL BE ABLE TO DO:
K	1. I know to keep my body to myself.	1. I know to keep my body to myself.
K	2. I know to be safe at home and school.	2. I know to be safe at home and school.
	1. I know there are healthy ways to solve	1. I can name a healthy solution to help solve
1	problems.	problems.
1	2. I know to keep myself safe at home and	2. I can list safety rules.
	school.	
	1. I know steps for solving problems and	1. I can demonstrate the ability to solve problems
2	conflicts with others.	and conflicts with others.
_	2. I know how to be safe in different	2. I can be safe in different situations.
	situations.	
	1. I know the steps of problem solving and	1. I can apply problem solving steps and resolve
	how to resolve conflicts with others.	conflicts with others.
3	2. I know situations can affect my personal	2. I can name situations that affect my personal
	safety.	safety.
	3. I know coping skills help manage life	3. I can identify coping skills for managing life
	changes or events.	changes or events.
	1. I know problem-solving, decision-making,	1. I can apply problem-solving, decision-making,
	and refusal skills can help me in a variety	and refusal skills to help in a variety of
	of situations.	situations.
4	2. I know there are different types of violence	2. I can use strategies to help prevent and stop
4	and harassment.	violence and harassment.
	3. I know coping skills help manage life changes or events.	3. I can identify coping skills for managing life changes or events.
	4. I know will need to compromise in some	4. I can practice skills to compromise in a variety
	situations.	of situations.
	1. I know it is helpful to use strategies to	I can list and apply strategies to resolve
	resolve problems and conflicts	problems and conflicts successfully.
	successfully.	2. I can recognize when my peers influence my
	2. I know my peers can influence problem-	problem-solving and decision making skills.
5	solving and decision making skills.	3. I can use more than one strategy to help
	3. I know personal safety strategies can help	prevent and stop violence and harassment.
	prevent and stop violence and harassment.	4. I can use various coping skills for managing
	4. I know various coping skills for managing	life changes or events.
	life changes or events.	
	1. I know problem solving and decision	1. I can identify problem solving and decision
	making skills needed to make positive	making skills needed to make positive choices
6	choices and resolve problems.	and resolve problems.
	2. I know behaviors that compromise personal	2. I can identify sets of behaviors that may
	safety of self and others.	compromise my personal safety and that of

STANDARD 2: Students identify and utilize processes to set and achieve goals, make responsible decisions, solve problems, and be safe.

GRADE	STUDENTS WILL KNOW:	STUDENTS WILL BE ABLE TO DO:
	3. I know strategies to cope with life-	others.
	changing events.	3. I can review and revise strategies to cope with
		life changing events.
		4. I can name people who can help.
	1. I know strategies needed to make safe,	1. I can list strategies to be safe and make healthy
7	healthy decisions.	decisions.
,	2. I know coping skills to manage life-	2. I can apply coping skills to manage life
	changing events.	changing events.
	1. I know peers influence risk-taking	1. I can recognize peer influence on risk-taking
	behaviors.	behaviors.
8	2. I know strategies related to personal safety.	2. I can apply strategies to be personally safe.
	3. I know coping skills to manage life-	3. I can evaluate and adjust coping skills needed
	changing events.	to manage life changing events.
	1. I know it is okay to ask for help.	1. I can ask for help.
	2. I know safety issues are changing as I	2. I can recognize that safety issues are changing
9	move toward adulthood.	as I move toward adulthood.
	3. I know problem-solving, decision-making,	3. I can problem-solving, make decisions, and use
	and refusal skills are needed to make safe	refusal skills are needed to make safe and
	and healthy life choices.	healthy life choices.
	1. I know choices I make have positive,	1. I can recognize positive, negative, and
	negative, and unintended consequences.	unintended consequences.
10	2. I know long-term goals involve many steps.	2. I can list the necessary steps for making long-
	3. I know decision-making skills are	term goals.
	important for risk-taking behavior.	3. I can utilize decision-making skills to evaluate
	1. I language anticipation account information	risk-taking behavior(s).
	1. I know anticipating consequences informs	1. I can anticipate consequences before making
	my decision.	decisions and describe that process.
11	2. I know my choices affect others.	2. I can recognize that my choices may affect others.
	3. I know personal decisions impact safety and health of self and others.	
	and health of self and others.	3. I can see my decisions have an impact on the safety and well-being of self and others.
	1. I know goals and plans can be assessed and	1. I can assess and redesign my goals and plans.
	redesigned.	2. I can seek out the person(s) who can help me
	2. I know there are mentors who are available	reassess my plans and goals if needed.
12	to help me reassess my plans and goals.	3. I can be flexible and utilize my decision-
12	3. I know decision-making skills are	making skills to adjust to different life
	important to make safe and healthy life	experiences.
	choices.	experiences.
	CHOICES.	

STANDARD 3: Students analyze unique needs of a diverse community and demonstrate knowledge and skills to be contributing members of our global society.

GRADE	STUDENTS WILL KNOW:	STUDENTS WILL BE ABLE TO DO:
	1. I know there are similarities and	1. I can name similarities and differences between
K	differences between myself and others.	myself and others.
	2. I know there are different roles in my	2. I can play with others.
	family.	3. I can name my role in my family.
	1. I can name similarities and differences	1. I can name the similarities and differences
1	between myself and others.	between myself and others.
1	2. I can play with others.	2. I can name different roles within the school.
	3. I can name my role in my family."	
	1. I know there are similarities and	1. I can recognize similarities and differences
	differences among families and their	among families and their cultures and
	cultures and traditions.	traditions.
2	2. I know there are different roles in the	2. I can name different roles within the
	community.	community.
	3. I know there are life changes or events that	3. I can discuss that life changes or events may
	affect me and others.	affect me or others.
	1. I know there are roles at home and at	1. I can name the responsibilities for the roles at
	school and each has responsibilities.	home and at school.
3	2. I know there are differences between my	2. I can identify the differences between my
3	culture/traditions and those of others.	culture/traditions and others.
	3. I know personal characteristics contribute	3. I can name personal characteristics that
	to a positive classroom.	contribute to a positive classroom.
	1. I know it is important to recognize and	1. I can list diverse groups within the school and
	respect diverse groups within the school	community.
	and community.	2. I can show tolerance towards diverse groups
4	2. I know there are personal roles and	within the school and community.
4	responsibilities as a school and community	3. I can name personal roles and responsibilities
	member.	as a school and community member.
	3. I know personal characteristics influence	4. I can name personal characteristics that
	the school environment.	influence to a positive school environment.
	1. I know I need to respect diverse individuals	1. I can show respect for individuals within
	and groups in all aspects of life.	diverse groups in all aspects of life.
5	2. I know strategies for balancing family,	2. I can balance family, school, and community
	school, and community roles.	roles.
	3. I know personal characteristics influence to	3. I can apply my personal characteristics to
	a school community.	influence to a positive school community.

STANDARD 3: Students analyze unique needs of a diverse community and demonstrate knowledge and skills to be contributing members of our global society.

GRADE	STUDENTS WILL KNOW:	STUDENTS WILL BE ABLE TO DO:
6	 I know to different strategies for balancing family, school, and community roles. I know interpersonal skills influence to community dynamics. I know strategies to promote acceptance and respect in the school and community. 	 I can identify and develop personal planning strategies to manage individual, family, and school responsibilities. I can identify interpersonal skills needed to maintain quality relationships. I can identify and develop strategies to promote acceptance and respect in the school and community.
7	 I know life situations require different personal planning strategies for balancing family, school, and community roles. I know effective and ineffective interpersonal skills. I know it is important to have acceptance and respect for individual differences. 	 I can apply personal planning strategies to balance individual, family, and school responsibilities. I can practice effective interpersonal skills in a variety of social situations. I can promote acceptance and respect for individual differences.
8	 I know everyone must balance their own roles and personal planning strategies together for family, school, and community roles. I know how interpersonal skills can affect relationships. I know acceptance and respect of others within the global community. 	 I can recognize the different roles and responsibilities people play in the family, school, and community, and how those roles and responsibilities are interrelated. I can self-assess interpersonal skills that will help maintain quality relationships. I can apply strategies that promote acceptance and respect of others within the global community.
9	 I know high school has different grade levels that contribute to my school's identity. I know high school has different activities and groups that contribute to my school's identity. I know there are diverse cultural identities and world views within the school and community. 	I can name different school groups. I can explore cultural identity and world views within the school and community.
10	 I know groups exist that relate to my interests. I know there are formal and informal groups. I know there are diverse cultural identities and world views within the global community. 	 I can find groups that relate to my interests. I can tell you the difference between formal and informal groups. I can promote acceptance and respect for cultural differences within the global community.

STANDARD 3: Students analyze unique needs of a diverse community and demonstrate knowledge and skills to be contributing members of our global society.

GRADE	STUDENTS WILL KNOW:	STUDENTS WILL BE ABLE TO DO:
		1. I can seek out different school and community
	community groups.	groups.
11	2. I know I contribute to groups in the community.	2. I can exhibit respect for different cultures and points of view.
	3. I know it is important to respect different	_
	cultures and points of view.	
	1. I know my membership in groups and	1. I can contribute to the community in which I
12	communities may change over time.	live.
	2. I know respect for individuals and groups is	2. I can advocate respect for individuals and
	important for a healthy global community.	groups in my global community.

Adapted from the ASCA National Model